



IT'S NEVER TOO EARLY TO PREPARE FOR COLLEGE

Children's Opportunity for Life Lessons in Emotional Growth Education

At Augustine Counseling we understand that growing, young minds are impressionable and being a kid isn't always easy. We designed this program to give kids a safe space to talk about emotions, experiences and provide strategies that will carry them through life. Topics that will be covered will include appropriate social skills, self-regulation, developing positive coping strategies, increasing positive expression of emotions, and improving positive communication.

Augustine
COUNSELING, LLC

Forming now for

Fall 2018!

**Groups available for
ages 8-12**

**Led by experienced
male and female
therapists!**

**Develop emotional
skills to cope with
life as a kid!**

**Contact us today for
more information!**

AUGUSTINE COUNSELING LLC

2030 Straits Turnpike,
Suite 3

Middlebury, CT, 06762

(203) 725-3345

www.augustinecounseling.com

augustinecounseling@gmail.com